

## FAECES FOR HELICOBACTER PYLORI STOOL ANTIGEN PATIENT INSTRUCTIONS

In order to complete the test your Doctor has requested, please collect a faeces specimen as follows:

### Preparation:

Prior to collecting specimen no Proton Pump Inhibitors and Bismuth medications for 2 weeks e.g. Somac, Losec, Zonton and Colloidal – DeNol, Roter and Helidac.

### Collection Procedure:

- 1) Pass the specimen into the plastic container provided. Take care not to contaminate the specimen with urine or toilet water.
- 2) Using the scoop attached to the lid of the bottle collect at least 1/3 of the bottle in quantity.
- 3) Label the bottle with your full name, your date of birth and the time and date of the specimen collection.
- 4) Deliver the specimen to the Laboratory or to your doctor's surgery **on the same day as it is collected.**

***Your results can only be obtained from the requesting doctor***

If you have any problems, please contact one of the following:

**Waikato**  
07 858 0799

**Bay of Plenty**  
07 578 7073

**Whakatane**  
07 306 0906

**Rotorua**  
07 348 2106

**Taupo**  
07 376 5103  
07 376 1045