

FAECES FOR OCCULT BLOOD PATIENT INSTRUCTIONS

In order to complete the test, your Doctor has requested 1 faeces specimen to be collected.

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation

- Obtain a faecal specimen collection pack from a laboratory collection room.
- **Avoid specimen collection:**
 - During menstruation. Wait until 3 days after your period has finished.
 - While you have bleeding haemorrhoids.
 - While you have blood in your urine.
- Some drugs such as aspirin and other pain killers may cause gastric irritation resulting in minor bleeding from the stomach. **If in doubt about whether to stop these, consult your doctor.**

Collection Procedure

1. Label the container with your full name, date of birth and time & date of collection.
2. Pass the specimen into the clean plastic container provided.
3. Using the scoop attached to the lid of the sample bottle, collect a specimen of faeces. (Enough to fill 1/3 to 1/2 of the container)
4. Take care not to mix the specimen with urine or toilet water.
5. Bring the specimen to a laboratory on the **same day** as it is collected.
6. Ensure a copy of the request form is with the specimen.

If you have any problems, please contact one of the following:

Pathlab Waikato
Ph: 07 858 0799

Pathlab Bay of Plenty
Ph: 07 577 4511

Pathlab Whakatane
Ph: 07 306 0906