

## CYTOLOGY URINE INSTRUCTIONS Waikato

**It is important to follow these instructions carefully to ensure your test results are accurate.**

### Preparation

- The specimens are to be collected over **3** consecutive days into the **3** separate containers.
- Do not collect the 1<sup>st</sup> urine of the day.
- Mid morning is the preferred time for specimen collection.

### Collection Procedure

1. Hold the plastic container in one hand.
2. Pass first portion of urine into the toilet.
3. Then pass some urine into the plastic dish. This is the (mid-stream) specimen needed.
4. Pass any remaining urine into the toilet.
5. Leave the specimen on the shelf in the toilet for the Phlebotomist to collect

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If you have any problems, please contact one of the following:

Waikato  
07 858 0799

Bay of Plenty  
07 578 7073

Whakatane  
07 306 0906

Rotorua  
07 348 2106

Taupo  
07 376 5103  
07 376 1045