

CYTOLOGY URINE INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation

- The specimens are to be collected over **3** consecutive days into the **3** separate containers.
- Do not collect the 1st urine of the day.
- Mid morning is the preferred time for specimen collection.

Collection Procedure

1. Hold the plastic container in one hand.
2. Pass first portion of urine into the toilet.
3. Then pass some urine into the plastic dish. This is the (mid-stream) specimen needed.
4. Pass any remaining urine into the toilet.
5. Take the lid off the specimen container and fill with urine from the plastic dish to the 50mL line. **Please ensure lid is screwed on tightly.**
6. Discard plastic dish into rubbish bin.
7. Label the specimen bottle with full name, date of birth, the time and date of the specimen collection.

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045