

**FAECES FOR HELICOBACTER PYLORI  
STOOL ANTIGEN  
PATIENT INSTRUCTIONS**

In order to complete the test your Doctor has requested, please collect a faeces specimen as follows:

**Preparation:**

Prior to collecting specimen no Proton Pump Inhibitors and Bismuth medications for 2 weeks e.g. Somac, Losec, Zonton and Colloidal – DeNol, Roter and Helidac

**Collection Procedure:**

- 1) Pass the specimen into the plastic container provided. Take care not to contaminate the specimen with urine or toilet water.
- 2) Using the scoop attached to the lid of the bottle collect at least 1/3 of the bottle in quantity.
- 3) Label the bottle with your full name, your date of birth and the time and date of the specimen collection.
- 4) Deliver the specimen to the Laboratory or to your Doctor's surgery **on the same day as it is collected.**

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If you have any problems, please contact one of the following:

Pathlab Waikato  
Ph: 07 858 0799

Pathlab Bay of Plenty  
Ph: 07 578 7073

Pathlab Whakatane  
Ph: 07 306 0906