

**FAECES FOR HELICOBACTER PYLORI
STOOL ANTIGEN
PATIENT INSTRUCTIONS**

In order to complete the test your Doctor has requested, please collect a faeces specimen as follows:

Preparation:

Prior to collecting specimen no Proton Pump Inhibitors and Bismuth medications for 2 weeks e.g. Somac, Losec, Zonton and Colloidal – DeNol, Roter and Helidac

Collection Procedure:

- 1) Pass the specimen into the plastic container provided. Take care not to contaminate the specimen with urine or toilet water.
- 2) Using the scoop attached to the lid of the bottle collect at least 1/3 of the bottle in quantity.
- 3) Label the bottle with your full name, your date of birth and the time and date of the specimen collection.
- 4) Deliver the specimen to the Laboratory or to your Doctor's surgery **on the same day as it is collected.**

Your results can only be obtained from the requesting doctor

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045