

## O/H CREAT RATIO FASTING DOUBLE VOIDED COLLECTION PATIENT INSTRUCTIONS

**It is important to follow these instructions carefully to ensure your test results are accurate.**

This test must be done on a fasting stomach, nothing to eat or drink (sips of water only) after an evening meal until the test is completed, 10-12 hours

### Collection Procedure

1. Flush away first urine of the day.
2. Collect urine sample between 8.00am and 10.00am. ONLY the 1<sup>st</sup> urine void during this time needs to be collected. It must be the entire void.
3. Collect into either yellow lidded (dry) pot or 600ml (TB) bottle.
4. The patient is allowed to drink water (sparingly).
5. These instructions also pertain to a Dr Conaglen test - Fasting Double Voided Urine DPD/Creatinine.

---

If you have any problems, please contact one of the following:

Pathlab Waikato  
Ph: 07 858 0799

Pathlab Bay of Plenty  
Ph: 07 578 7073

Pathlab Whakatane  
Ph: 07 306 0906