

**O/H CREAT RATIO FASTING DOUBLE VOIDED
COLLECTION PATIENT INSTRUCTIONS**

**It is important to follow these instructions carefully to ensure
your test results are accurate.**

This test must be done on a fasting stomach, nothing to eat or drink (sips of water only) after an evening meal until the test is completed, 10-12 hours

Collection Procedure

1. Flush away first urine of the day.
2. Collect urine sample between 8.00am and 10.00am. ONLY the 1st urine void during this time needs to be collected. It must be the entire void.
3. Collect into either yellow lidded (dry) pot or 600ml (TB) bottle.
4. The patient is allowed to drink water (sparingly).
5. These instructions also pertain to a Dr Conaglen test - Fasting Double Voided Urine DPD/Creatinine.

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045