

TB EARLY MORNING URINE PATIENT INSTRUCTIONS

Your doctor has requested that you collect three early morning urine specimens. The containers for collection of these specimens are available from a laboratory.

It is important to follow these instructions carefully to ensure your test results are accurate.

Collection Procedure:

1. Each specimen is to be collected on a different day.
2. Use a clean container to collect the **total volume** of the 1st urine passed of the day and pour this into the bottle provided.
3. Ensure this bottle is then correctly labelled with your name, date of birth, date / time of collection and whether this is specimen **1, 2 or 3**.
4. Ensure the lid is screwed on tightly.
5. **Ensure a copy of the request form is with each specimen.**

Your results can only be obtained from the requesting doctor

If you have any problems, please contact one of the following:

Waikato
07 858 0799

Bay of Plenty
07 578 7073

Whakatane
07 306 0906

Rotorua
07 348 2106

Taupo
07 376 5103
07 376 1045