

## TB EARLY MORNING URINE PATIENT INSTRUCTIONS

Your doctor has requested that you collect three early morning urine specimens.

The containers for collection of these specimens are available from a laboratory.

**It is important to follow these instructions carefully to ensure  
your test results are accurate.**

### Preparation:

Three early morning urines are collected on three consecutive days and each specimen must be delivered daily to the nearest Collection Centre as soon as possible following collection

### Collection Procedure:

1. Use a clean container to collect the **total volume** of the 1<sup>st</sup> urine passed of the day.
2. Transfer the entire urine sample into the bottle provided.
3. Ensure this bottle is correctly labelled with your name, date of birth, date / time of collection and whether this is specimen **1, 2 or 3** (corresponding with the day of collection)
4. Ensure the lid is screwed on tightly.
5. **Ensure a copy of the request form is with each specimen.**

***Your results can only be obtained from the requesting doctor***

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Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795