

ACR (Albumin Creatinine Ratio) URINE PATIENT INSTRUCTIONS

It is important to follow these instructions carefully to ensure your test results are accurate.

Preparation:

Obtain the correct container from the laboratory collection room

Collection Procedure

- Wash Hands
- Pass a small urine sample directly into the plastic dish – this is the random sample that is required
- Dispose the rest of the urine into the toilet
- Take the lid off the specimen container and half fill with urine from the plastic dish
- Please ensure the lid is on tightly
- Discard the plastic dish into rubbish
- Label the specimen bottle with your full name, date of birth, the time and date of the specimen collection.
- Place specimen into bag (seal the top) and request form into outside pocket of bag for delivery to laboratory

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information
www.pathlab.co.nz

or alternatively contact
07 858 0795