## FAECES FOR HELICOBACTER PYLORI STOOL ANTIGEN PATIENT INSTRUCTIONS

In order to complete the test your Doctor has requested, please collect a faeces specimen as follows:

## **Preparation:**

Prior to collecting specimen no Proton Pump Inhibitors and Bismuth medications for 2 weeks e.g. Somac, Losec, Zonton and Colloidal – DeNol, Roter and Helidac.

## **Collection Procedure:**

- 1) Pass the specimen into the plastic container provided. Take care not to contaminate the specimen with urine or toilet water.
- 2) Using the scoop attached to the lid of the bottle collect at least 1/3 of the bottle in quantity.
- 3) Label the bottle with your full name, your date of birth and the time and date of the specimen collection.

Deliver the specimen to the Laboratory or to your doctor's surgery **on the same day as it is collected** 

Your results can only be obtained from the requesting doctor

Please refer to our website for additional information www.pathlab.co.nz

or alternatively contact 07 858 0795