

# SEMINAL FLUID COLLECTION

## PATIENT INSTRUCTIONS

It is important to follow these instructions carefully  
to ensure your test results are accurate.

### Preparation :

- Specimens **ONLY** to be collected and dropped off Monday – Friday inclusive:
  - Cameron Rd, **Tauranga** – before 4.30pm
  - Pathlab Rotorua Hospital site, Rotorua – before 4pm
  - Pathlab Taupo Hospital site, **Taupo** – by appointment only (no drop offs)
  - Tristram St, **Hamilton** – before 4pm
  - Pathlab Whakatane Hospital site, **Whakatane** – before 4pm

*Please note, we are not able to process specimens over weekends or public holidays.*

### Collection Procedure:

1. Do not have intercourse or masturbate for a minimum of two days, but no longer than seven days, before providing the sample. This ensures optimal numbers of sperm present.
2. Wash your hands and penis before collecting the sample, to minimise transfer of bacteria from your skin into the sample.
3. Collect the sample by masturbation into the plastic jar provided. Do not use any form of condom or lubrication. **N.B. The whole sample is required for testing, if you spill any, please obtain a fresh container and collect a fresh sample.**
4. Label the container with your full name, date of birth (DOB) and the time that you collected the sample.
5. It is important to keep the sample warm and deliver to the laboratory site listed above **within one hour of collection.**
6. Complete the details and bring this form with the laboratory request form.

NAME:

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DOCTOR:

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When was the sample collected? Date: \_\_\_\_\_ Time: \_\_\_\_\_

How many days abstinence have you had? \_\_\_\_\_

Was any of the specimen spilled? YES / NO

Please Circle One

***Your results can only be obtained from the requesting doctor***

Please refer to our website for additional information  
[www.pathlab.co.nz](http://www.pathlab.co.nz)

or alternatively contact  
07 858 0795